




GOVERNMENT OF ASSAM
OFFICE OF THE DEPUTY COMMISSIONER: GOALPARA
(DEVELOPMENT BRANCH)

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Dated Goalpara the 17th March, 2020

AN APPEAL

No.GDG. 43/Health /2019/128:::..... It is an appeal to all the public of Goalpara district to follow the Do's and Don'ts to keep safe yourself and your families from infection of **Corona virus Disease, 2019 (COVID-19)**.

Do's	<ol style="list-style-type: none">1. Practice frequent hand washing. Wash hands with soap and water or use alcohol based hand rub. Wash hands even if they are visibly clean.2. Cover your nose and mouth with handkerchief/tissue while sneezing and coughing.3. Throw used tissues into closed bins immediately after use.4. See a doctor if you feel unwell (fever, difficult breathing and cough). While visiting doctor wear a mask/cloth to cover your mouth and nose.5. If you have these signs/symptoms please call State helpline number 6913347770/1/2/3/4 & DEOC, Goalpara No.03663243043 / 10776. Avoid participating in large gatherings.
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Don'ts	<ol style="list-style-type: none">1. Have a close contact with anyone, if you're experiencing cough and fever.2. Touch your eyes, nose and mouth.3. Spit in public.
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Deputy Commissioner,
Goalpara.

Dated Goalpara the 17th March, 2020

Memo No. GDG. 43/Health/2019/128 (A)
Copy to,

1. The DIO, NIC, Goalpara. He is requested to upload the appeal in the District Administration website and facebook page of Goalpara district.
2. The i/c DIPRO, Goalpara. She is requested to make wide publicity of the appeal in the district.
3. The Joint Director of Health Services, Goalpara. He is requested to make wide publicity of the appeal in the district.


Deputy Commissioner,
Goalpara.